

# Netherwood News

*March 2023*

Hello Netherwood Knoll Families,

Welcome to March! Our students and staff are looking forward to warmer temps and fewer inclement weather dates!

## Highlights from February Include:

- NKE All school assembly featuring The Figureheads!
- OSD Nature Club Field Trip to the OSD School Forest
- Kindergarten Winter Sing
- The 100th Day of School
- 1st Grade Engineering day

## Upcoming Events that have us excited:

- Student led conferences: March 3 and March 7
- Black Excellence Gallery Event: March 7 from 4:30-6:30 at OHS
- 4th Grade Orchestra Performance: March 6 at 6:30, NKE Big Gym
- Spring Break: March 27-March 31
- Summer School Registration opens: April 20 at 6:00 PM
- PTO Community Fun Run: Saturday May 13

With Gratitude,

<b>Lindsay Eimerman</b>	<b>Maria Rach</b>	<b>Ruth Greiber</b>	<b>Kelsey Antoniewicz</b>
NKE Principal	Administrative Intern	School Counselor	School Psychologist

# Other Information:

## Let's Celebrate **Black History Month**

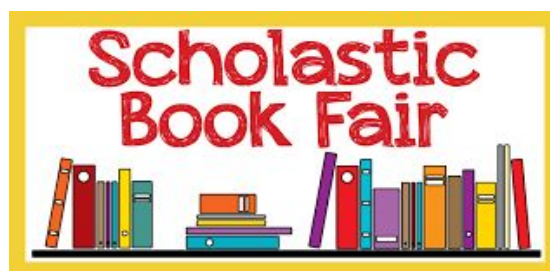
- **What:** Celebrating Black Excellence Gallery Event
- **Date:** Tuesday, March 7, 2023
- **Time:** 4:30 - 6:30 p.m. (open-house style event)
- **Location:** Oregon High School Art Gallery (456 N. Perry Parkway, Oregon)
- **Event Description:** Join us for a special gallery walk that showcases artwork by local artist and author, Desere' Mayo. Ms. Mayo's portraits are centered around this year's theme: Resist, Create, Inspire. Ms. Mayo is a local Oregon artist and a parent of three boys in the OSD. Her artistic talents are wide-ranging, but she specializes in hand-drawn portraits, including portraits of prominent contemporary and historical African American civil rights leaders, musicians, athletes, entertainers, and inventors. Picture books that celebrate Black excellence will also be available for families to enjoy.

## NKE Book Fair

**Thursday, March 2 AND Tuesday, March 7 during Student Led Conferences**

**NETHERWOOD KNOLL LIBRARY**

**3:30-7:30 P.M.**





We know that you're busy and that we all have information overload. We also know that there is nothing more important than our kids and that you want to know what's going on in our schools. To help, we've launched a podcast to offer another way to share information. Make sure to subscribe and listen so you have the latest info!

Subscribe to "Inside the OSD" Podcast: [OregonSD.org/podcast](https://OregonSD.org/podcast)

## Check Out this upcoming Informational Session for ALL OSD Caregivers


**LET'S TALK ABOUT BRAINS!**  
**HEALTH, DEVELOPMENT AND**  
**VULNERABILITY OF TEEN BRAINS**


AN INFORMATIONAL PRESENTATION WITH  
DR ANDREW LOKUTA, PH.D.

MONDAY, MARCH 13  
5:30-6:30PM

OHS INNOVATION CENTER  
LIGHT SNACKS PROVIDED

PRESENTED BY  
OREGON AREA CARES COMMUNITY COALITION  
OREGON COMMUNITY EDUCATION

 **oregon area**  
**cares**  
COMMUNITY COALITION

 **BRAIN**  
**AWARENESS**  
WEEK Share Your Story

**COMMUNITY**  
**EDUCATION &**  
**RECREATION**  
OREGON SCHOOL DISTRICT

# PTO Updates

Spring is shaping up to be an exciting time for your Oregon PTO.

Our "Breakfast In Bed" fundraiser was an incredible success and we received close to 250 orders. Thank you to Fosdal's Bakery and everyone that ordered. Last but not least, a huge amount of gratitude goes towards our volunteer delivery drivers. Without them, none of this would have been possible.

Celebrate "Taco Tuesday" on Tuesday, March 14th at Qdoba in Fitchburg. Dine in or carry out between 4:00 and 8:00 and the Oregon PTO receives 25% of the total sales.

Now through mid-March, with just a \$29 donation to the PTO, your child(ren) receives six weeks of classes and a uniform from Infinity Martial Arts Oregon. IMA Oregon is a great program to help your child stay active during these months when time outside is limited. By participating in fun games and exercises, your child will increase their confidence, improve their discipline and focus, and learn how to respect others and themselves. Link to sign-up can be found on our Facebook page or you may request one by emailing [secretary@oregonpto.org](mailto:secretary@oregonpto.org).

This spring brings many fun events and fundraisers, whether you are able to donate time, talent, or both, be sure to subscribe to our emails and 'like' us on Facebook.

## **Save the Upcoming Dates!**

March 15: PTO Meeting at 6:30 PM in NKE Library

April 12: PTO Meeting at 6:30 PM in NKE Library

April 18: Dine Out at Benvenuto's (more info to come)

May 1-5: Teacher Appreciation Week

May 13: PTO Community Fun Run



Looking to cure the  
**WINTER BLUES** and  
help the  
**OREGON  
ELEMENTARY  
PTO?**

From now until **MARCH 15TH**,  
for a **\$29** donation to any of the  
**OREGON PTOS**  
get an *INTRODUCTORY LESSON*,  
*6 WEEKS OF UNLIMITED CLASSES*  
*AND A UNIFORM* (a \$378.49 value!)  
at Infinity Martial Arts Oregon!



**A HEALTHY, SAFE & FUN ENVIRONMENT!**

TO REGISTER, SCAN  
THE QR CODE



OR GO TO  
[HTTPS://SPARKPAGES.IO/?I=\\_HUR](https://sparkpages.io/?I=_HUR)

787 N. MAIN ST; OREGON ▲ INFINITYMA.OREGON@GMAIL.COM ▲ 608-835-2111

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# OREGON PTO COMMUNITY FUN RUN



SATURDAY MAY 13, 2023



5k and 1 mile routes starting/ending at RCI

All participants get a t-shirt, medal, and entry into the dance party afterwards

Donations are welcome: <https://www.oregonpto.org/donate/>

Register here: <https://bit.ly/3QsFeYz>

Visit [https://www.oregonpto.org/ptocommunity\\_funrun/](https://www.oregonpto.org/ptocommunity_funrun/) for more information

Contact [OregonPTOFunRun@oregonpto.org](mailto:OregonPTOFunRun@oregonpto.org) with questions



Join us for a community event to support the Oregon PTO (NKE, PVE, and RCI) through a community fun run! Everyone is welcome to participate.

# NKE Rotation Updates

## Art

March is Youth Art Month! Congratulations to the students who have artwork at Kickback Cafe & Firefly.

Students have finished Square 1 Art!  
Information will be forthcoming.

Students 1-4th will be adding color to their ceramics project. Kinder students will be studying organic/geometric shapes and rainbow order.



## Physical Education

K-4 Students will be doing gymnastics the whole month of March!! We will be working on Balances, Travels, Events (Balance Beam, Parallel Bars, Rings, Ropes, Floor, and Rock Wall).

2nd-4th Grade students will be performing floor routines at the end of the unit! K-1 Students will be practicing putting 2-4 gymnastics moves together to create a routine!



## Music

3rd and 4th graders finished up composition and are starting UKULELES! We will also be doing some simple folk dances so we get some movement in, as well.

2nd grade is working on adding different timbres of instruments to stories to create simple sound effects. We also are continuing our work on melody and harmony.

1st grade recently reviewed rhythm patterns after finishing up work with Camille Saint-Saens' Carnival of the Animals.

Kindergarten is concentrating on putting ideas of high/low, fast/slow and loud/quiet together. A favorite song recently was 'Everybody Ought to Know', which included some solos and improv.



## World Language

Kindergarteners are continuing to learn about family members and pets in Spanish. Next, we will learn about some foods!

In 1st grade, we are continuing to learn about the different places in our school! Soon, we will explore other places in a community - like the zoo!

2nd and 4th graders are learning about the seasons and weather!

3rd graders are continuing to learn about family and pets!



# **March 2023 Math Connections**

Linking Learning Between Home & School

Whether comparing numbers, adding, subtracting, dividing or multiplying, one simple deck of cards can be used to play countless math games, which is fabulous for the review of multiple math skills. This collection of kid-friendly [math card games](#) is likely to include some that are familiar and some new, and they're all good for reinforcing important mathematical concepts through game play. Have fun! ~ Miss Jackie



# Farm to School

## March Newsletter

AmeriCorp Farm to School



### FEBRUARY RECAP

AmeriCorp members hosted a few nutrition education lessons with taste tests to enrich students' learning experience. One lesson educated students about how cheese is made and provided local goat feta cheese for students to try. Another lesson taught students about fermented foods, their health benefits, and how to ferment foods. AmeriCorp members brought in homemade sourdough bread made with Meadowlark bread flour and fermented red onions and daikon radishes for students to try.

### PREPARING FOR SPRING

Members began to brainstorm how to distribute garden beds, what seeds to purchase for future garden activities, and drafted a proposal for a garden collaboration with Anderson Community Park. Although February was snowy and chilly, it is never too early to start garden planning. Members will be working with a few classrooms to start seedlings in March that will be planted in the end of April into early May.

VOLUME 2  
ISSUE 2

## Newsletter Highlights

### February Recap

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### Preparing for Spring

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### Recipes: Beet Hummus & Fermented Beets

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### Farmer Spotlight: Highland Spring Farm

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February 23, 2023

# WISCONSIN CHILI LUNCH

JOIN US!





In 2022 Wisconsin Chili Lunch participants served up 67,877 bowls of local chili at 365 different cafeteria sites across the state!

Let's increase this year's participation.

Enjoy your chili plain or with toppings and don't forget your side!



# MIDWEST CHILIS

## Wisconsin Chili

### Ingredients

- 1 1/2 pounds lean ground beef
- 1 stalk celery, chopped
- 1/2 red bell pepper, chopped
- 1 white onion, chopped
- 1 can diced tomatoes
- 1 1/2 cups tomato juice
- 2 cups water
- 2 TBSP chili powder
- 2 TBSP brown sugar
- 6 cubes beef bouillon
- 3/4 cup uncooked elbow macaroni



### Instructions

1. Place ground beef into a large soup pot over medium heat. Cook the beef until it begins to lose its pink color, about 8 minutes.
2. Stir in celery, red bell peppers, and onion. Continue to cook until the beef is browned, about 8 minutes.
3. Stir in the diced tomatoes, tomato juice, water, chili powder, brown sugar, and beef bouillon cubes. Cover, reduce heat, and simmer for 30 minutes.
4. Stir in the macaroni and continue simmering until the pasta is tender, 10 to 15 more minutes.
5. Serve with cheddar biscuits and enjoy!

